

140 Pitts School Road, NW ~ Concord, NC 28027 ~ (704) 786-1950

JUNE 2023

Morning Snack: 9:00 am

Lunch: 11:30-12:15 (varies by class)

Afternoon snack: 3:00 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4				1 Whole grain cereal, milk	2 Fruit cup, milk	3
				Grilled cheese, mixed veggies, mandarin oranges, milk	Fish sandwich, tater tots, banana, milk	
				Goldfish, juice	Granola bar*, milk	
	5 Yogurt, milk	6 English muffin w/ jelly, milk	7 Hash browns, milk	8 Nutrigrain bar, milk	9 Sausage biscuit, milk	10
	Chicken nuggets, black eyed pea, pears, milk	Ravioli, peas & carrots, peaches, milk	Soy butter & jelly sandwich, cucumber slices, mixed berries, milk	Sloppy joes, potato wedges, fruit cocktail, milk	Chicken & noodles, green beans, applesauce, milk	
	Graham crackers, milk	Animal crackers, milk	Pudding, milk	Cereal mix, milk	Fresh fruit, milk	
11	12 Pancake, milk	13 Oatmeal, milk	14 Ham biscuit, milk	15 Muffins, milk	16 Waffles, milk	17
	Meatloaf, mashed potatoes, pears, milk	Cheese quesadilla, mixed veggies, mandarin oranges, milk	Baked spaghetti, corn, pineapple, milk	Corn dog, sweet potato fries, peaches, milk	Beef taco w/ cheese, black beans, applesauce, milk	
	Crackers & cheese, milk	Vanilla wafers, milk	Veggie straws, juice	Pretzels* & raisins*, milk	Fig newtons, milk	
18	19 Cheese toast, milk	20 Yogurt w/ granola, milk	21 Whole grain cereal, milk	22 French toast sticks, milk	23 Grits, milk	24
	Pizza, broccoli, fruit cocktail, milk	Salisbury steak, rice, peas, pears, milk	Baked chicken, mashed potatoes, pineapple, milk	Mac & cheese, green beans, mixed berries, milk	Hotdog, baked beans, mandarin oranges, milk	
	Rice krispy treat, milk	Wheat thins, milk	Cheese crackers, milk	Nutrigrain bar, milk	Fruit cup, milk	
25	26 Biscuit & jelly, milk	27 Cinnamon toast, milk	28 Oatmeal, milk	29 Bagel w/ cream cheese, milk	30 Cinnamon raisin bread, milk	
	Beef stroganoff, corn, applesauce, milk	Fish sticks, mixed veggies, fruit cocktail, milk	BBQ meatballs, mashed potatoes, peaches, milk	Beefaroni, peas & carrots, banana, milk	Popcorn chicken, broccoli & cheese, pineapple, milk	
	Crackers, juice	Jell-o w/ fruit, milk	Chex mix, milk	Oatmeal cookies, milk	Yogurt, milk	

Items marked with a * will be substituted for children under 18 months.